

From Vision to Impact: A Digital Health Intervention Design Intensive

October 6-8, 2025 | Tallahassee, Florida

Day One Agenda (Oct 6th)

9:00-9:45AM	Welcome, Introductions & Participant Goals
9:45-10:15AM	Theoretical Foundations of Digital Health
10:15-11:00AM	Study Design, Data Strategy, and Digital Tools Lecture
11:00-11:15AM	Break
11:15-12:00PM	Study Design, Data Strategy, and Digital Tools Activity
12:00-1:00PM	Lunch
1:00-2:15PM	User Centered Design
2:15-2:30PM	Break
2:30-3:30PM	Prototyping
3:30-4:30PM	Data Privacy, Security, and Compliance
4:30-4:45PM	Wrap Up, Evaluation, and Reflection
5:30-7:30PM	Happy Hour and Networking

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Day Two Agenda (Oct 7th)

9:00-9:15AM	Welcome Back and Recap of Day 1
9:15-10:30AM	Onboarding and Retention Strategies
10:30-10:45AM	Break
10:45-12:15PM	Personalization for Impact
12:15-1:15PM	Lunch
1:15-2:15PM	Small Biz and Academia Collaboration
2:15-3:15PM	Running Virtual Trials: From Recruitment to Data Collection
3:15-3:30PM	Break
3:30-4:45PM	Mastering Data: Collection, Visualization, and Paradata Analysis
4:45-5:00PM	Wrap Up, Reflection, and Feedback on Course

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Day Three Agenda (Oct 8th)

9:00-9:15AM	Welcome Back
9:15-9:45AM	Grant Writing: Framing Your Digital Health Proposal
9:45-10:30AM	HMP Overview
10:30-10:45AM	Break
10:45-11:00AM	Putting It Together - Tech Fit
11:00-12:00PM	Small Group Workshop
12:00-1:00PM	Lunch
1:00-3:00PM	Writing Session
3:00-3:30PM	Group Share, Feedback, and Wrap-Up